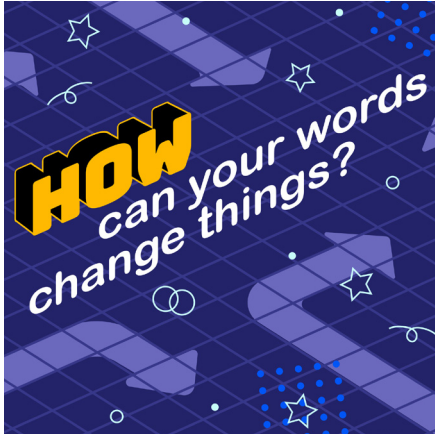


Spend some time thinking about the question below and journal your thoughts or share them with a parent.



Series of horizontal dotted lines for journaling.



Day 1

After watching, write one thing that:

Visit the Parent Cue app (available for iOS and Android) to watch this week's Bible story.

Download it for free at parentcue.org/app.

Even if you already saw it at church, feel free to check it out again!

1. You liked:

2. You learned:

3. You'd like to know:

Day 2

Read Proverbs 12:18

Proverbs 12:18 is what we call a simile—comparing two things in order to explain the first thing better. Your words don't LITERALLY cut someone. But your words certainly can hurt someone's feelings and make them sad or angry, which can feel as bad as getting cut.

Write your own simile for how the words of thoughtless people make you feel:

The words of thoughtless people

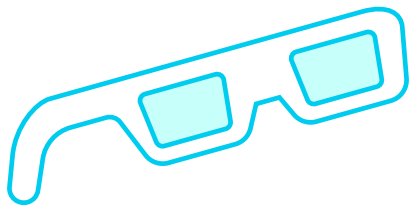
_____ like

_____.

~~~~~

Here's something cool you may have experienced. Your words CAN literally heal someone—their feelings. . . their hearts.

Has that ever happened to you? You were feeling sad or hurt or angry, and then someone said something kind or thoughtful to you, and you immediately felt better? It's amazing the power that our words have!



## Day 3

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Use the simile you wrote yesterday along with the one in Proverbs 12:18 in the prayer below.

~~~~~

Dear God, I don't want my words

to _____

like _____ or

to _____ like

_____.

I want to

be thoughtful and wise. Please help

me choose words that bring healing

to everyone around me. Give me

Your wisdom so I know what to say

and when to say it so that it will bring

healing. In Jesus' Name, I pray. **Amen.**

Day 4

We know it's wise to think before you speak.

But sometimes you don't have time to think as long as you would like to. So how do you still think before you speak? There's a simple test you can use to make sure your words will heal instead of hurt.

Is it **T**True?

Is it **H**elpful?

Is it **I**nspiring?

Is it **N**ecessary?

Is it **K**ind?

If what you're about to say doesn't pass the THINK test, it's best for you not to say it.



Day 5

How can your words change things?

Have you ever walked into a room and you could immediately tell two people were in an argument, even though you didn't hear what they said? It's like all the air got sucked out of the room, and you can feel the awkwardness. It's not a good feeling.

On the other hand, you may sometimes walk in to find two people who are using their words to heal each other. They may be sharing stories, telling jokes, or encouraging each other. That is a room that feels good to walk into, isn't it?

This week, aim to choose words that make not just the person you're talking to feel better, but everyone around you too! Make every room that you step into one that feels positive, kind, and joyful. You can be an example to others by using the THINK trick from yesterday. And the more that you choose words that are true, helpful, inspiring, necessary, and kind, the more you will feel a change in the air that is contagious to everyone in the room!